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Paris - October 29th, 30th and 31st 2010

Research Survey Data Base (Portugal)

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Research Survey Data Base (Portugal)

Summary:

1. Project contextualization
2. Goals
3. Methodology
4. Results
5. Discussion
6. Conclusion
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1. Project Contextualization

• The EFTA Research Committee proposed a Survey of Research into family and systems therapy across Europe

Project EFTA inclusion criteria:

research that is published
ongoing, not yet published
unpublished graduate student research papers
presented only to a restricted audience (e.g. workplace studies)
Project EFTA exclusion criteria:

- single case studies (but will include coherent case series designs)
- studies based on treating individuals other than via family dynamics
- child development studies not specifically related to family therapy
- statutory procedures such as Child Protection
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1. Project Contextualization (cont.)

To Portuguese data base, we considered the following search categories:

- **Therapeutic Process**
  - Efta inclusion and exclusion criteria

- **Statutory Procedures**

- **Systemic works** (in general)
2. Goals

**General Goals**

- Foster the perception that systemic therapies has an important research value
- Demonstrate that family therapy has a strong research base while also showing that we can undertake research which is congruent with our therapeutic positions
- Encourage systemic and family therapy practitioners to engage with research
- Put researchers and therapists in contact with each other so that research becomes more practice-based

**Specific Goals**

- To identify well researched areas with positive implications for family therapy
- To provide early information about research that is being planned, is in progress, or has been completed but not yet reported
- To enable each country to know what is being researched locally and trans-nationally
- To identify under-researched areas
3. Methodology

- Request form translation
- Written the invitation to fill form
- Activation of a system for sending and receiving the invitation form (and the fill), as well as their responses to the same
- Completion of the entities list to send the material
To participate in this search, we selected the entities recognized (in our country) by investigating in family therapy area.

- Higher Education Institutions (private and publics)
- Research Centers (private and publics)
- Health Institutions (private and publics)
- Independent Workers

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3. Methodology

- Request form translation
- Written the invitation to fill form
- Activation of a system for sending and receiving the invitation form (and the fill), as well as their responses to the same
- Completion of the entities list to send the material
- Dissemination of this research and participation in it through information leaflets and oral requests in scientific events
- Dispatch the material – 3 different moments: February, April and June (2010)

**Complementar Procedure**

- Search the information requested on the form in RCAAP (Scientific Repository of Open/Free Access in Portugal)

Organization of a data base with the responses
Dear Colleague,

We are in the process of creating a database on existing researches in the field of Family and Couple Therapy and Systemic Approach. The database will be made progressively available through EFTA Web Page as soon as we receive useful information and will be a valuable instrument for all European therapists.

There are many strong reasons to collect and coordinate this information, as described in the "Rationale" that accompanies this form.

Are you concerned with or know of any researches/studies in the field? (An account of areas of interest is included in the "Rationale"). Do you want to help in making it visible?

If so, please take a few minutes to provide the basic information for each research/study on this form. Where appropriate we may come back to ask you if you would be willing to provide more detailed information.

Please fill the form and send it by simply clicking on the button "send the form"

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Name of main (or known) researcher(s). Please indicate if you are leading the research:

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Name of Centre or Institution carrying out the research/study (if known):

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Please list any existing or potential publications that you know of:

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Contact for the research (e-mail or post address):

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4. Results

Absolute frequencies
N= 30
Despite the inherent difficulties in collecting this sample, these results show that:

The statutory procedures seem to be an under researched area

The marital subsystem and the parental issues seem to constitute a trend of current research

It seems that the research that is being planned or that is in progress is not considered in terms of its disclosure
We believe:

It is far from representing our scientific reality.

However, attending to this data, the number of scientific works broadcast on RCAAP increased in recent years (just 2 responses).

Poor adherence to the form (just 2 responses).

Scientific works are little known in RCAAP (just 28).
There is a long way to go towards demonstrate that family therapy has a strong research base.

The first step depends of all of us and is to encourage systemic and family therapy practitioners to engage with research.

We have no doubts about the systemic therapies value research, now it’s time to foster this perception.

We invite everyone to think how to improve this reality!
5. Conclusion (cont.)

Maybe the adherence to the form could be better if:

- The form questions were multiple choice and shorter
- The request to participate were made in person
- This project had been publicized through a web site creation
- There was a reward system for participants
Thank you for your attention!

Doubts/ suggestions:

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