Traumatic losses and family resilience. How to intervene?

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Paris, 7éme Congrès EFTA
Central to any psychological therapy

Central to students' training (genograms/family sculptures)

Central to Life
When the trauma is the sudden loss of a child
Emphaty and care in the therapeutic encounter

TO STAY WITH THE FAMILY PAIN:

What Medicine and psychiatry do not teach us
The fragmentary nature of pain in the family

Every one is an island of pain

The risk of the marital couple break up

Survived children’s loneliness
The withdrawal from friendship and social relationships

“others cannot understand...”
Every pleasure – even the pure act of being alive – increases parents’ feelings of guilt
The cemetery

The child’s room
How such an unjust loss can be accepted!

Unnatural losses
Death denial:

My son is not dead:
one day I’ll meet him again

We are not here because of our son’s death
The therapeutic project

To stay with the family’s pain

How to facilitate the suffering to circulate
Coming back to life: a matter of resilience and of family resources (the family coping system)
When the trauma is the loss of a parent
From protecting to respecting children: how to give them back a voice and competence

Falsifying truth and lies cause a severe developmental damage
Fears and fantasies of family losses are more damaging for children than knowing the truth.
The therapeutic project: how to help adults to rediscover authenticity through their children contribution
Doing therapy or being a therapist?
An encounter on the essence of life
Le perdite e le risorse della famiglia

A cura di
Maurizio Andolfi
Antonello D’Elia
A calm and careful silence
Can give rest to suffering

A discrete, modest, honest and precise silence can diminish the loneliness in suffering
(Roustang, 2004)