

Monica Whyte

Biographical details



Monica Whyte is a Systemic Family Psychotherapist. Currently working in the Irish Health Service, Monica specialises in working with families with problems related to the use of alcohol. She holds a Diploma in Addiction Studies, Diploma in Systemic Family Therapy, MSc in Psychotherapy, Higher Diploma in Psychology and Post Graduate Diploma in Clinical Supervision.

Following her term as chairperson of her national association the Family Therapy Association of Ireland, Monica became a representative to the National Family Therapy Organisations (NFTO) chamber of EFTA in 2008. Was elected on to the NFTO board in 2013 and was then elected chairperson of the NFTO chamber, a role she has held for two terms. She has been a member of the organising committees for two EFTA conferences, a member of the EFTA general board, the research committee and the Executive committee of EFTA.

Currently she is a faculty member and chairperson of the Academic & Professional Council of the Clanwilliam Institute in Dublin, Ireland. A not for profit centre for systemic family therapy training and therapy that is committed to making psychotherapy services available to all.

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