

Systemic Therapy and the public health insurances in Germany – a work in process

The G-BA (Gemeinsamer Bundesausschuss), the institution of the health systems self-administration in Germany, that decides, whether a therapeutical method is paid by the public health insurances, commissioned the Institute for Quality and Efficiency in Healthcare (IQWiG) (German: Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen), a German agency responsible for assessing the quality and efficiency of medical treatments, to evaluate Systemic Therapy for adults. A first report of the planned evaluation process with time table, definition of Systemic Therapy and including and excluding criteria for RCT-studies is published. The both German systemic associations (DGSF/SG) composed a statement concerning that report, that is mostly affirming but also a little bit critical, because the efficiency of Systemic Therapy is not taken enough into account.

DGSF/SG also preparing a proposal for Systemic Therapy for children and adolescents to get paid by the public health insurances. For that we are looking for new RCT-studies concerning that issue: if you have information about such a study, please contact us (Prof. Dr. Matthias Ochs (ochs@dgsf.org)).